



SAN DIEGO

CALIFORNIA





*O*n the legendary Coronado beachfront, they meet in one incomparable setting at the Spa at The Del. The exceptional spa encapsulates the time-honored powers of the ocean to heal and refresh, restore and relax. Feel the rhythms of the tides and the caress of the ocean breeze in each wellness treatment. Revel in the magnificent views from the oceanfront, vanishing-edge pool. Find yourself at one with one of nature's most inspired landscapes, where sand meets surf and pleasure meets purpose.

Welcome to the Spa and Salon at The Del.

## *Voyages*

DESIGN YOUR OWN WELLNESS PACKAGE. EACH VOYAGE ENDS WITH A \$15 VOUCHER TO ENJOY AT ANY OF OUR DINING OUTLETS FOLLOWING YOUR TREATMENTS.

### DEL SOL (SUN)

Choose any two 50-minute treatments\*.

\$305

### DE LA PLAYA (SAND)

Choose one 50-minute treatment and one 80-minute treatment\*.

\$400

### DEL MAR (SEA)

Choose any three 50-minute treatments\*.

\$450

## *Romantic Journeys*

THE SPA AT THE DEL OFFERS THE PERFECT WAY TO SURPRISE YOUR LOVED ONE OR JUST SPEND SOME QUALITY TIME TOGETHER. EACH JOURNEY ENDS WITH A \$15 VOUCHER TO ENJOY AT ANY OF OUR DINING OUTLETS FOLLOWING YOUR TREATMENTS.

### JOURNEY FOR TWO

Choose any combination of massage or body treatments\*, to enjoy side-by-side in the tranquil couples suite.

**50 minutes \$360**

**80 minutes \$490**

### THAT'S S'MORE

Enjoy a side-by-side 50-minute Swedish massage in the couples suite. Then head out to the sand for a private beach bonfire complete with s'mores, champagne and spectacular Pacific views.

\$445 Available seasonally.

\*Excludes Lymphatic Drainage, Slim Again, Vitamin Sea and Shell Coronado Facial.

Each Voyage package is for one person only.



# Massage Therapy

## DEL STONE

Ocean-tumbled, smooth basalt stones are heated to massage away tension and sore muscles.

**50 minutes • \$165 | 80 minutes • \$230**

## TABLE THAI

This traditional floor Thai massage combining pressure-point stimulation, stretching and compressions is adapted to be performed on the table. Loose clothing should be worn. No oils or lotions are used.

**80 minutes • \$230**

## LOMI LOMI\*

Long, flowing strokes from the hands, forearms and elbows relax sore, overworked muscles in this traditional Hawaiian massage.

**50 minutes • \$160 | 80 minutes • \$230**

# Wellness Offerings

## CELEBRATION OF LIFE (Lymphatic Drainage)

A technique used for overall health and rejuvenation, lymphatic drainage massage helps to boost circulation and release toxins from the lymphatic system using very light pressure. No oils are used. *The Del will donate \$5 from the proceeds of this treatment to the Susan G. Komen Foundation.*

**50 minutes • \$165**



\*Additional charge for service provided in guestroom.

## THERAPEUTIC DEEP TISSUE/SPORTS\*

Deep pressure is used to release chronic tension and stretch muscles to increase range of motion.

**50 minutes • \$165 | 80 minutes • \$245**

## SWEDISH\*

This classic massage uses light to medium pressure and long, flowing strokes to soothe, relax and revitalize.

**50 minutes • \$160 | 80 minutes • \$235**

## ASIAN FUSION\*

A therapeutic blend of Japanese Shiatsu, Chinese Tui Na, Thai massage and Hawaiian Lomi Lomi.

**50 minutes • \$160 | 80 minutes • \$230**

## SHELL CORONADO MASSAGE

Tiger clam shells are gently heated and used to massage your body into a state of complete relaxation. Long Swedish strokes are used to apply lightly scented aromatherapy oils.

**50 minutes • \$160**

## PRE-NATAL MASSAGE

This soothing massage with light to medium pressure utilizes soft pillows for greater comfort. Second or third trimester only.

**50 minutes • \$160**

## REFLEXOLOGY\*

Classic reflexology is combined with a stimulating foot scrub and an application of cooling leg gel.

**50 minutes • \$160**

## PRE-NATAL PACKAGE

Enjoy a 50-minute Pre-Natal Massage followed by a 50-minute Be Organic Facial. This package also includes a \$15 voucher to enjoy at any of our dining outlets following your treatments.

**\$305**

# Body Treatments

## DEL SCRUB

Polished walnut shells are blended into a citrus crème base to cleanse and exfoliate. An application of hydrating lotion reveals smooth, beautiful skin.

**50 minutes • \$155**

## SUNBURN RELIEF

Cooling aloe vera gel is blended with Hawaiian Noni to immediately reduce the heat and discomfort of too much sun while helping to maintain a tanned glow.

**50 minutes • \$130**

## TROPICAL SUGAR SCRUB

This island-inspired raw sugar scrub incorporates rich, aromatic oils to exfoliate the skin. An application of hydrating lotion leaves skin silky smooth.

**50 minutes • \$165**

## SLIM AGAIN

This anti-cellulite slimming treatment uses a marine-based solution with natural seaweed to detoxify and take off the inches – perfect when preparing for a special occasion or a day at the beach.

**50 minutes • \$180**

## DE-STRESS HYDROTHERAPY SOAK

Muscles relax and stress melts away as you soak in a state-of-the-art hydrotherapy tub with bath salts.

**20 minutes • \$80**

## ISLAND SANDS BODY POLISH

Rich, fine-grain mineral salts are infused with a refreshing citrus oil to create a uniquely invigorating body polish.

**50 minutes • \$155**

## GODDESS OF THE SEA

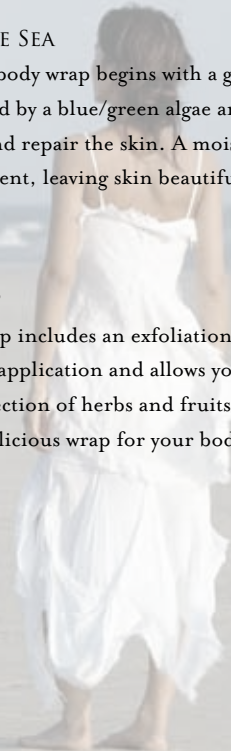
This sea-inspired body wrap begins with a gentle sea salt exfoliation followed by a blue/green algae and aloe body mask to detoxify and repair the skin. A moisturizer finishes the treatment, leaving skin beautifully smooth and hydrated.

**50 minutes • \$155**

## SEASONAL WRAP

This luxurious wrap includes an exfoliation followed by a hydrating lotion application and allows you to indulge with a seasonal selection of herbs and fruits to discover an effective and delicious wrap for your body.

**50 minutes • \$155**



# Skin Health

## SHELL CORONADO FACIAL

Our signature facial uses anti-aging elements designed to maximize cellular results. Heated and chilled shells bring the energy of the sea to the treatment and provide the ultimate in relaxation. Excellent for all skin types.

**80 minutes • \$245**

## VITAMIN SEA

Refresh and restore skin with this treatment, which includes an algae mask and is designed to protect the skin, repair cell damage and encourage new cell growth. Excellent for all skin types – especially sun-damaged and dehydrated skin.

**50 minutes • \$190**

## REVIVAL 1888 FACIAL

This treatment incorporates an intense 5% enzyme peel for a deep exfoliation followed by a double lifting and tightening mask that will leave skin glowing for days. Excellent for most skin types – especially mature, dehydrated, sun-damaged and stressed skin. Not recommended for highly acneic skin.

**80 minutes • \$235**

## QUICK LIFT

Experience the secret of celebrities, make-up artists and aestheticians! The NuFace Facial uses microcurrent technology to provide instant toning and stimulation.

**40 minutes • \$175**

## BE ORGANIC FACIAL

This treatment utilizes 100% natural active ingredients from the Alps to stimulate cell renewal and the skin's natural regenerative powers promoting fresh, younger-looking skin. Excellent for all skin types.

**50 minutes • \$160**

## CLARIFYING FACIAL

The products used in this deep-cleansing and exfoliating treatment are designed to clear blemishes and draw out impurities. Excellent for all skin types - especially oily or problematic skin.

**50 minutes • \$165**

## DEL LIFT

This anti-aging facial utilizes peptide technology and cell reactivation to lift, tighten and tone the skin. Excellent for all skin types – especially mature.

**50 minutes • \$165**

## COMMANDER-IN-CHIEF

This deep-cleansing and exfoliating facial is tailored for a man's unique skincare needs and focuses on providing relaxation and wellness. Excellent for all skin types.

**50 minutes • \$165 | 80 minutes • \$235**



## *Teen Packages*

### TEEN SPA SUNDAE

Teens will love this zero-calorie treat, which includes a 25-minute Ice Cream Float bath in a relaxing hydro-capsule, a 25-minute Spreckels Sugar Scrub and a 25-minute Frosting Massage. Must wear swimsuit. \$200

### TEEN TREATS

25 minutes \$85 each, or package two for \$150

25-minute Swedish Massage

25-minute Back Facial

25-minute Express Facial

25-minute Salt Scrub

## *Enhancements*

Eco-Fin Hand or Foot Treatments	\$25 each
	\$40 hands and feet
Re-Vital Eye Enhancing Treatment	\$35
Enzyme Peels	\$35
Glycolic Facial Peel	\$40
Glycolic Hand Treatment	\$30
Glycolic Décolleté Treatment	\$40
Del Nap   20 minutes	\$60

## *Waxing Services*

BROWS (clean-up) • \$25

BROWS (re-shape) • \$40

LIPS • \$20

EARS • \$15

NOSE • \$15

CHIN • \$25

CHEST • \$60

BACK • \$60

UNDERARMS • \$35

FOREARMS • \$45

HALF LEGS • \$50

FULL LEGS • \$70

BIKINI • \$60

BRAZILIAN • \$100

# Salon at The Del

## *Hair* (starting at)

SHAMPOO & STYLE 60 min • \$45

Length of hair may require additional time and a price increase

CUT & STYLE 60 min • \$65

Length of hair may require additional time and a price increase

GENTLEMAN'S CUT 45 min • \$45

Includes scalp massage

CONDITIONING TREATMENT 30 min • \$35

PARTIAL HIGHLIGHTS 90 min • \$75

Price reflects one section of hair, consultation provided

FULL HIGHLIGHTS 120 min • \$125

Consultation provided

COLOR PROCESS 90 min • \$95

Consultation provided

KID'S CUT 30 min • \$30

BARBERING CUTS 20 min • \$25

## *Nails*

SIGNATURE MANICURE 45 min • \$35

Includes nail shaping, cuti-quench, organic mineral soak, hand massage and polish.

SIGNATURE PEDICURE 60 min • \$40

Includes nail shaping, cuti-quench, organic mineral bath soak, foot file on heels, foot massage and polish.

SPECIALTY GEL MANICURE OR PEDICURE 75 min • \$55

Gel includes nail shaping, cuticle clean up, gel polish

GENTLEMAN'S MINERAL MANICURE 20 min • \$35

Includes nail shaping, organic mineral soak and hydration

GENTLEMAN'S MINERAL PEDICURE 30 min • \$40

Includes nail shaping, organic mineral bath soak and hydration

EXPRESS MANICURE 25 min • \$25

Includes nail shaping, cuti-quench and polish

EXPRESS PEDICURE 30 min • \$30

Includes nail shaping, cuti-quench and polish

POLISH CHANGE 15 min • \$20

FRENCH MANICURE OR PEDICURE additional \$10

## *Bridal and Special Events*

FORMAL STYLING ON DAY OF EVENT

60 min starting at \$85

FORMAL STYLING TRIALS

60 min starting at \$150

MAKEUP APPLICATION

60 min starting at \$75 on day of event

MAKEUP TRIALS

60 minutes starting at \$150

MAKEUP LESSON

60 minutes \$90

Learn your colors and best application of makeup for daytime or night-time looks

FACIAL THREADING

Starting at \$40

## *Some Like it Hot*

PACKAGE \$175

Shampoo and style, makeup application, signature manicure, signature pedicure, glass of champagne



Marilyn Monroe & Tony Curtis during the filming of  
"Some Like It Hot"



## *How to Maximize Your Spa Treatment*

### TREATMENT SELECTION

The spa reservation agents are happy to help you plan the perfect spa and salon experience. To ensure availability, please reserve your services in advance by calling 800.HOTEL DEL or 619.522.8100, or visiting [www.hoteldel.com/spa](http://www.hoteldel.com/spa).

### HEALTH CONSIDERATIONS

Please inform the reservation agent at time of booking if you are pregnant, have any medical conditions or allergies. Pregnant women must be in their second or third trimester to receive services. Please indicate when you book if you prefer a male or female therapist and we will do our best to accommodate your request.

### SPA GROUPS AND CELEBRATIONS

Spa at The Del specializes in creating memorable group outings including special celebrations such as bridal showers, birthdays and wellness retreats. Please call 619.522.8259 for planning assistance.

### DEL GIFT CARDS

Del Gift Cards are available in any increment and may be redeemed for spa or salon services, shopping, dining and overnight stays. Gift Cards are available at the spa, shops, restaurants, online at [delshop.com](http://delshop.com) or by calling 800.HOTEL DEL.



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